

NFS LAKERS LEDGER

Nestor Falls School O'fishal News

September 2023

From the Office

Welcome back! We are very excited to be back after a lovely summer. The staff have been busy preparing for the new school year. In the spring you said goodbye to Ms. Galusha, the Primary Room teacher, and Mrs. Kowalski, the principal. Teaching in the Primary Room this year is Ms. Armstrong and the new principal is me, Ms. Tolen. I am excited to be back at NFS and look forward to an amazing year. Come out and meet all of us at the annual Open House on Wednesday, September 13!

Learning is a shared responsibility. Teachers will do their very best to teach and students need to do their very best to learn. A positive home-school partnership is also important for student achievement. To keep you informed, a general school newsletter will be shared electronically on the first Tuesday of each month. If you would prefer a paper copy, please let the secretary know. Teachers will communicate directly with you using SeeSaw, the agenda, or through phone calls.

Each year brings celebrations and challenges. We encourage families to review the [RRDSB Code of Conduct](#). This document will explain expectations, roles and responsibilities, plus consequences for infractions. We also encourage families to get involved in the school. We will be looking for people to join the NFS Council. This is an advisory group who meet four times a year.

Lastly, I would like to extend a big thank-you to our custodial team for getting the school sparkling and ready for a new year. If you have any concerns please feel free to contact me by either calling the school or sending an email to kerri.tolen@rrdsb.com.

Ms. Tolen

Verification of Information

We encourage families to review and verify the information we have on file to ensure that it is up to date. Using the **Correction and Verification Form available through the PowerSchool Parent Portal**, families can review the information we have on file (*your address, phone numbers, email, parent and guardian information, emergency contacts, medical details and other related information*) and submit any updates needed. If you need help with this, please call our amazing secretary.

THE O-FISHAL NFS TEAM

Principal

Kerri Tolen

K to Grade 3 Teacher

Alyssa Armstrong

Grades 4 to 8 Teacher

Nissa Turner

Communication Assistant

Diana Krukoski

Library Assistant

Diana Krukoski

Educational Assistants

- Emma Darvill
- TBA

Secretary

Diana Krukoski

Custodian

Jamie Krukoski



School Day

- **First Block**
8:35 to 10:15 AM
- Nutrition Break
- **Second Block**
11:00 AM to 12:40 PM
- Nutrition Break
- **Third Block**
1:25 to 3:05 PM

BE HERE!

Attendance matters! Please send children to school who pass the screen. Students who miss an average of 2 days per month in elementary, have a 60% chance of dropping out in Grade 9!

If a student has to be away, please call 484-2101 or text 271- 2754 to let us know.

Positive Messaging - Cheers, not Jeers!

A new school year is a fresh start. Nestor Falls School staff is trying hard to make positive changes. We encourage families to solve school related conflicts, disagreements and issues (jeers) with school staff rather than on social media.

Conflicts and disagreements are a natural part of any relationship. But when the school is blasted on social media, it affects the learning environment for all of us, even your child. We, as adults, are models for our children. It is important not only as a social skill but also for mental health reasons to work through conflict in a proactive manner.

As parents/guardians we want the best for our children. Please help us create an awesome learning environment by working together this year through the good and the not so good.

How to Navigate a Question/Concern/Conflict

Issues are resolved best through direct communication with those closest to the point of the question, concern, or conflict. If you have an issue related to the classroom/program, please contact the classroom teacher. If it cannot be resolved at this level, then have a discussion with the school principal.

Coming Up this Month

Terry Fox - Annual School Run Day is September 22

The annual Terry Fox Run has become a classic Canadian tradition every fall with schools across the country coming together to fundraise. This year the theme is #Dear Terry, You ran for us. Now we run with you! Stay tuned for more details. Please join us if you can. Donations can be made using this link [Nestor Falls School Terry Fox Donations](#).

Orange Shirt Day - September 29 (30)

Orange Shirt Day is held on September 30 because this is the time of year when government agents would take Indigenous children from their families. The orange shirt refers to the new shirt that six year old Phyllis Webstad wore on her first day of school at residential school in Williams Lake, BC, in 1976.

Orange Shirt Day/Truth & Reconciliation Day is acknowledged annually to bring awareness to the residential school system and the harm it brought to Indigenous peoples that still lingers today.

Health & Safety

NFS is committed to supporting students with prevalent medical conditions such as asthma, anaphylaxis, diabetes, and epilepsy. This is a partnership between home and school. Please let us know about your child's needs and help us create/update a Medical Plan of Care.

Sabrina's Law - legislation to support anaphylaxis students

Ryan's Law - legislation that supports students with asthma

Rowan's Law - legislation regarding concussions

Please monitor your child/ren's health. Students who are unwell, should stay home until they are symptom free.

Important Dates

SE 13	Open House
SE 22	Terry Fox
SE 22	School Photo Day
SE 29	Truth & Reconciliation Activities

Save the Date
Nestor Falls School
MEET & EAT
OPEN HOUSE
September 13/23

NFS Facilities

New School Update

The architect was selected for the new Nestor Falls school design. The new school will be a modular build, including two classrooms and spaces for an activity room and library. The design process will take place over the summer and into the fall. The goal is to have an order placed for the building early this winter, delivery next summer. The foundation preparation and other site work is expected to be put out for proposals in the new year with construction to begin once the frost is out of the ground.

Annual Water Reports

These can be found on the RRDSB website using this link [RRDSB Water Reports](#).

Allergy Alert!

NFS is a nut-safe school. This means we all make every attempt to send nut-free food products to school. Please help keep students with life-threatening allergies safe.

ATTENTION:

NO 

PEANUTS

**THIS SCHOOL IS
PEANUT RESTRICTED**

THANK YOU